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Nota di contenuto	Cover -- Contents -- Preface to the First Edition -- Preface to the Third Edition -- Preface to the Fourth Edition -- PART I - Academics and Learning -- 1 - Welcome to College -- 2 - Grades - Can You Perform Without the Pressure? -- 3 - Technology and Learning -- 4 - Everybody Hates to Write -- PART II - Navigating the Institution -- 5 - Support Your Local Teacher - Or the Care and Feeding of Professors -- 6 - An Academic Question -- 7 - Questions of Academic Integrity -- 8 - Wisdom and Knowledge -- 9 - Pursuing Wisdom in the Academy -- 10 - Adventures in Desocialization -- 11 - Media Me -- PART III - Survival Strategies -- 12 - Survival Skills -- 13 - Love -- 14 - Trouble With Parents -- 15 - The Painful Avenues of Upward Mobility Test -- 16 - Graduation - What They Forgot to Mention -- 17 - The Career - Friend or Foe? -- 18 - Directing Your Own Development -- Appendix - For Teachers and Students Using This Book -- References -- Index -- About the Authors -- About the Contributors.
Sommario/riassunto	The Fourth Edition of the classic 'This Book is Not Required' breaks new ground in participatory education, offering insight and inspiration to help undergraduates make the most of their university years. This edition continues to teach about the university experience as a whole -

looking at the personal, social, intellectual, and spiritual demands and opportunities - while incorporating new material highly relevant to today's students.
