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Titolo	Journey for Kids, The : Liberating Your Child's Shining Potential
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Sommario/riassunto	<p>An invaluable tool for helping children to overcome any emotional and physical issues, The Journey for Kids presents simple imagery exercises that will appeal to children from 5-12. This cassette offers a unique healing experience that will allow your child to feel more comfortable with their emotions and understand and accept their feelings; feelings which may previously have frightened them or held them back. The methods used have also been successful in healing a wide range of illnesses in children. The cassette presents a simple guided exercise, which teaches children to envision an adventure inside their own body. Here they can recall memories and, using imaginary balloons full of qualities such as courage, sense of humour, confidence or understanding, forgive anyone, including themselves, for hurtful situations they have experienced. The Journey for Kids process will appeal to any child from 5-12, and the cassette also offers a chapter on working with teenagers and a 'fairy-tale' story for younger children. Includes details on the background of the Journey and case studies and testimonial letters of children's success stories from all over the world.</p>