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Autore	One Direction One
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Sommario/riassunto	<p>For the first time EVER, global superstars One Direction are releasing their 100% official autobiography, offering a new, intimate insight into their lives as never before seen or heard! In their first in-depth autobiography, pop sensations Niall, Zayn, Liam, Harry and Louis tell the story of their lives. From nervously auditioning for the X Factor and meeting each other for the first time, to filming their hit movie This Is Us and releasing their bestselling third album, Midnight Memories, it really has been one incredible journey. For the first time, the boys' loyal fans will be given an unprecedented insight into all of it, from their humble beginnings and lives before the X Factor, to recording their first single, touring the world, winning awards, breaking records, and much, much more. What has it been like for them? What did they really think of each other when they first met? What inspires their song-writing? How do they handle life on the road and long breaks away from those they care about and love? And what do they think is next for them as a band who have achieved so much so quickly? Taking you behind the scenes of the creation of their music, their tours and their incredible friendship in their very own words, One Direction are ready to lay themselves bare in a way we've never heard before. Get ready for the incredible story of a lifetime from an incredible set of lads.</p>