Record Nr.
UNINA9910148856103321
Titolo
Enhancing behavioral health in Latino

Enhancing behavioral health in Latino populations: reducing disparities through integrated behavioral and primary care // edited by Lorraine

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Pubbl/distr/stampa Cham:,: Springer International Publishing:,: Imprint: Springer,,

2016

Edizione [1st ed. 2016.]

Descrizione fisica 1 online resource (VIII, 336 p. 4 illus., 3 illus. in color.)

Disciplina 616.89

Soggetti Health psychology

Health promotion

Cross-cultural psychology

Social work

Health Psychology

Health Promotion and Disease Prevention

Cross Cultural Psychology

Social Work

Lingua di pubblicazione Inglese

Formato Materiale a stampa

Livello bibliografico Monografia

Nota di bibliografia Includes bibliographical references at the end of each chapters and

index.

Nota di contenuto Introduction to eliminating behavioral health disparities through

integration of behavioral health and primary care services -- Legal and policy considerations -- The financials behind integrated care -- Hispanic cultural considerations and integrated care -- Use of a translator when working with Hispanics -- Epidemiology of mental health issues in Hispanics -- Enhancing treatment compliance with Hispanic patients -- Treatment of depression in integrated care settings -- Treatment of anxiety in integrated care settings -- Treatment of behavioral disorders in integrated care settings -- Pain management in integrated care settings -- Treatment of nicotine addiction in integrated care settings -- Using integrated care to

promote lifestyle change -- Working with children in integrated care settings -- Working with the elderly in integrated care settings --

## Sommario/riassunto

Chronic disease management and integrated care -- Case management in integrated care settings -- Treatment of obesity in integrated care settings -- Treating the seriously mentally ill in integrated care settings -- Family and marital therapy in integrated care settings.

This timely volume examines the potential of integrated care in providing effective, accessible behavioral healthcare for Latino clients. The integrated care model is discussed in practical terms, with guidelines for the addressing the needs of Latinos in a coordinated, patient-focused setting. Specific points of attention include common behavioral and medical/mental health conditions (e.g., depression, chronic pain, tobacco use), special considerations in working with Puerto Rican and Cuban clients, and recommendations for working with children. These important issues are considered against the backdrop of opportunities and challenges inherent in integrated care and its implementation, in addition to the relevance of evidence-based interventions for this large and diverse population. Among the topics covered: Latino trends and health policy: from walking on eggshells to commitment Integrated health care for Latino immigrants and refugees: what do they need? Using a translator in integrated care settings Enhancing and improving treatment engagement with Latino patients Integrated depression care among Latinos Chronic disease management and integrated care among Latino populations Health psychologists, social workers, family physicians, and clinical psychologists will find Enhancing Behavioral Health in Latino Populations an important resource for their professional development, as well as part of the ongoing movement toward reduced disparities and more inclusive and culturally attuned care.