1.	Record Nr. Autore Titolo Pubbl/distr/stampa ISBN Disciplina	UNINA9910148778503321 Freeman Hadley Be Awesome: Modern Life for Modern Ladies HarperCollins UK 0-00-750908-1 305.409051
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	Sommario/riassunto	Hadley Freeman, Guardian features writer and author of the popular 'Ask Hadley' column, presents the modern lady with twenty-three essays that remind us to BE AWESOME.'Being single is often awesome. You can leave a party when you want to, whether that be 9pm or 9am; you don't have to live in fear of ever hearing yourself described as "my better half"; and you can spend all day lying on the sofa in your pajamas watching Murder She Wrote and eating peanut butter straight out of the jar"Don't, if you are over the age of 18, refer to yourself as a "girl" or your friends, if they are over 18, as "the girls." You are a woman and so are they. And you know what? That's just brilliant.'Covering topics vital for any modern woman to consider (from 'How to read women's magazines without wanting to grow a penis' to 'Beyond the armpit: a guide to being a modern day feminist'), Be Awesome tackles body image, sex, dating and feminism head on.With an attitude that is unfalteringly funny, smart and surprisingly heartwarming, Hadley Freeman is a voice of sanity that every woman should hear.