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Sommario/riassunto	This scholarly work by Hélène Flambard explores the psychological and societal implications of 'lack' and 'void' in modern society. It examines the body's role in the development of the psyche, emphasizing the transition from physical to mental processes, and the importance of symbolization. The author delves into the effects of an aversion to emptiness and boredom, considering both personal and societal consequences. With a focus on clinical psychology, particularly in the context of children and adolescents, the book discusses the importance of the body and various mediations in psychological practice. Aimed at psychologists and mental health professionals, it seeks to provide a comprehensive understanding of the interplay between corporeal and psychological elements, and the significance of embracing absence as a necessary component of mental development.