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Titolo	Not Quite Healed
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Descrizione fisica	1 online resource (1 p.)
Altri autori (Persone)	MurphyCecil RoeGary
Disciplina	248.8/6
Soggetti	Male sexual abuse victims - Religious life Adult child sexual abuse victims - Religious life - Christianity Adult child sexual abuse victims - Rehabilitation Abused men - Rehabilitation Child sexual abuse - Religious aspects Hommes victimes d'abus sexuels - Vie religieuse FAMILY & RELATIONSHIPS / Abuse / Child Abuse SOCIAL SCIENCE / Sexual Abuse & Harassment
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Shouldn't I be healed by now? -- Why am I still not healed? -- Why was I victimized? -- Where was God? -- I am an artichoke -- More lessons from the artichoke -- I acted out -- I'm addicted to pornography -- I struggle with same-sex attraction -- It's safer to live behind my mask -- Why do I feel responsible for others? -- Why are my emotions so confusing? -- Why these contradictions? -- I need somebody -- Why do I have to talk about it? -- I don't want to expose family secrets -- How do I handle flashbacks and recurring dreams? -- What good comes from grief? -- I don't feel like a real man -- What lies have I believed? -- Why did I believe the lies? -- How do I combat the lies? -- Why am I so hard on myself? -- Why do I need to forgive? -- Why is forgiving so difficult? -- How can I find compassion for my perpetrators? -- Why do I need accountability? -- I need help -- What's wrong with my coping mechanisms? -- I am wounded, body and soul -- Embrace my inner child? -- How do I change what I say to myself? -- I face what I couldn't

accept -- What do I want? -- What do I give to others? -- How do I complete the circle? -- How will I be different? -- When I'm healed, who will I be? -- How I reuse my pain -- I can learn from the Serenity Prayer.

Sommario/riassunto

"With openness and honesty, Cecil Murphey and Gary Roe--two long-time survivors of childhood sexual abuse--respectfully assure you that healing is a process, and by definition that means it doesn't happen quickly. But it does happen. As fellow pilgrims on the road to healing, Cec and Gary know your thoughts, issues, concerns, and pain. They'll walk beside you...pointing out 40 self-affirming truths that will carry you through the process of real healing." --
