

1. Record Nr.	UNINA9910148621303321
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Titolo	Hot Buttons Image Edition
Pubbl/distr/stampa	GRAND RAPIDS : , : Kregel Publications, , 2013 ©2013
ISBN	0-8254-8822-2
Edizione	[1st ed.]
Descrizione fisica	1 online resource (160 p.)
Disciplina	248.845
Soggetti	Self-esteem in adolescence Christian teenagers
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Cover -- Title Page -- Copyright -- Dedication -- Contents -- Preface -- Acknowledgments -- Part One: Image Hot Buttons -- Chapter 1: Prepared: Answering Why -- Chapter 2: Watchful: Answering When -- Chapter 3: Proactive: Answering How -- Part Two: Identifying the Image Hot Buttons -- Chapter 4: Popularity -- Chapter 5: Self-Esteem -- Chapter 6: Body Image -- Chapter 7: Eating Disorders -- Chapter 8: Celebrities & Media -- Part Three: Pressing the Image Hot Buttons -- Chapter 9: Practical Procedures -- Chapter 10: The Armor of God -- Chapter 11: Strategic Scenarios -- Part Four: Parent-Teen Study Guide -- Chapter 12: Confession -- Chapter 13: Forgiveness -- Chapter 14: Clean Slate -- Recommended Resources -- Notes -- About the Author
Sommario/riassunto	From dating to drugs, modesty to purity, morals to popularity, teens face all sorts of tough issues. How teens respond to these challenges will influence their future, possibly define their future, maybe even determine whether they have a future or not. Following four successful books in the uniquely packaged Hot Buttons Series, author, mom, and broadcaster, Nicole O'Dell now debuts another book on one of the most prevalent issues in the lives of today's teens: image. Parents can reach for this quick-reference resource to create healthy conversations with their teens about self esteem, piercings and tattoos, eating disorders, and trash talk. Nicole's creative strategic scenarios, discussion

questions, and Bible studies have and will continue to equip parents to proactively prepare their tweens and teens to respond to challenges with courage and grace.

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