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| Sommario/riassunto | <p>When his son was diagnosed with a disabling mental illness, John F. Baggett experienced a journey of grief unlike any other's; a grief for the loss of all his son would never be and that he, as a father, would never experience. Through that difficult period he learned that grief--by whatever definition and for whatever reason--can be a time of momentous spiritual struggle: it is no smooth sailing even for faithful Christians. How then can believers navigate the struggles of faith that so often accompany personal tragedy? Finding the Good in Grief is both a practical and inspirational guide that teaches readers to learn, change, and grow through their grief. In five stages, Baggett demonstrates how to</p> <ul style="list-style-type: none"> • Trust God and rely on others • Choose reality instead of illusion • Resist the temptation to get stuck • Recognize moments of grace • Discover new meaning and purpose <p>Finding the Good in Grief will help Christians successfully negotiate faith struggles that often accompany the different stages of grief and will encourage them to find and develop spiritual resources to survive their darkest days of emotional turmoil. Most of all, it will guide to them understand that God does have the power to transform events of radical suffering and use them for good in our lives.</p> |

