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| Nota di contenuto | Front Cover -- Chronic Pelvic Pain and Dysfunction: Practical Physical Medicine -- Copyright -- Contents -- Contributors -- Foreword -- Acknowledgements -- Chapter 1: An introduction to chronic pelvic pain and associated symptoms -- Introduction -- Definitions of chronic pelvic pain syndromes -- Chronic pain -- Pelvic girdle pain and CPP: To separate or combine? -- Connecting PGP with CPP -- Aetiological features of CPP -- Beyond single causes -- Treatment aimed at pathology is only part of the answer -- References -- Chapter 2.1: An introduction to the anatomy of pelvic pain -- References -- Chapter 2.2: Anatomy and biomechanics of the pelvis -- The anatomy of the sacroiliac joint -- Why did nature create a seemingly flat SIJ? -- What specific adaptations are available to prevent shear in the SIJs? -- Why is the SIJ not perpendicularly orientated to the forces of gravitation? -- Ligaments and their role in self-bracing the pelvis -- Sacrotuberous ligaments -- Long dorsal sacroiliac ligaments -- Anatomical aspects -- Biomechanical aspects -- The role of the thoracolumbar fascia in stabilizing the lumbopelvic area -- Anatomical aspects -- Superficial lamina -- Biomechanical aspects -- Traction to the superficial lamina -- Traction to the deep lamina -- Muscles and self-bracing -- Self-bracing during forward bending -- Self-bracing in unconstrained positions -- Failed self-bracing -- Optimal and non-optimal pelvic girdle stability -- Acknowledgement -- References -- Chapter 2.3: |

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Sommario/riassunto

Edited by Leon Chaitow and Ruth Lovegrove, this clearly written and fully illustrated multi-contributor volume offers practical, comprehensive coverage of the subject area. Covering all aspects of current diagnosis and management, this new book is suitable for physiotherapists, osteopathic physicians and osteopaths, medical pain specialists.