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Titolo	Modern neuromuscular techniques / / Leon Chaitow ; with contributions from Judith DeLany, Dennis J. Dowling, Howard Evans ; foreword by Cesar Fernandez de las Penaz ; original illustrations by Graeme Chambers
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Descrizione fisica	xii, 324 p. : ill. (some col.)
Collana	Advanced soft tissue techniques
Altri autori (Persone)	DeLanyJudith DowlingDennis J EvansHoward (Howard Derek) Fernandez de las PenazCesar ChambersGraeme
Disciplina	615.82
Soggetti	Neuromuscular diseases - Physical therapy Manipulation (Therapeutics) Myofascial pain syndromes - Physical therapy
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Note generali	Previous ed.: 2003.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Soft tissue distress -- Introduction to NMT -- Myofascial trigger points and other reflex phenomena -- The variety of reflex points -- Diagnostic methods -- Basic spinal NMT -- Basic abdominal and pelvic NMT application -- Associated techniques -- NMT in clinical use -- American neuromuscular therapy / Judith DeLany -- Progressive inhibition of neuromusculoskeletal structures (PINS) technique / Dennis J. Dowling -- Thai massage and neuromuscular technique / Howard Evans -- Appendix : Nimmo, chiropractic and myofascial pain / Jeffrey Cohen ... [et al.].
Sommario/riassunto	Fully updated throughout, this popular book explains the history, rationale, and detailed descriptions of the class of soft tissue manipulation methods known collectively as NMT techniques.