

1. Record Nr.	UNINA9910817782303321
Autore	Gates Rachael
Titolo	The owner's manual to the voice : a guide for singers and other professional voice users // Rachael Gates, L. Arick Forrest, Kerrie Obert
Pubbl/distr/stampa	Oxford ; New York : Oxford University Press, [2013] ©2013
ISBN	0-19-999303-3 0-19-996466-1 0-19-996467-X
Descrizione fisica	1 online resource (287 p.)
Altri autori (Persone)	ForrestL. Arick ObertKerrie
Disciplina	783/043
Soggetti	Voice - Care and hygiene Voice culture Voice - Physiological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (pages 241-245) and index.
Nota di contenuto	Cover; Contents; List of Figures, Tables, and Video Clips; Acknowledgments; About the Authors; How to Use This Book; About the Companion Website; 1. Introduction; 2. Your Instrument at a Glance; 2.1 Where Is It?; 2.2 Bodymapping; 2.3 The Basic Mechanics; 2.4 The Many Functions of the Larynx; 3. The Singer as an Athlete; 3.1 Buff, With Abs of Steel; 3.2 Sleep; 3.3 Nutrition; 3.4 Foods to Avoid and Why; 3.5 Body Movement; 3.6 Vocal Maintenance; 3.7 Vocalizing; 3.8 Mouth Breathing Versus Nose Breathing; 3.9 Vocal Hazards; 3.10 Vocal Myths; 4. Troubleshooting; 5. Indirect Culprits; 5.1 Asthma 5.2 Allergies; 5.3 Dehydration; 5.4 Obesity; 5.5 Premenstrual Syndrome; 5.6 Pregnancy; 5.7 Menopause; 5.8 Old Age; 5.9 Arthritis; 5.10 Reflux and Heartburn; 5.11 Obstructive Sleep Apnea Syndrome; 6. What Purpose Does the ENT Clinic Serve and How Will It Serve You?; 6.1 The ENT Clinic; 6.2 The Voice Specialists; 6.3 Working as a Team; 7. A Vocalist's Guide to Finding the Right ENT; 7.1 Why Go?; 7.2 Whom to Ask; 7.3 What to Ask; 8. The First Visit and Procedure; 8.1 How Long Will It Take?; 8.2 What They Need to Know About You and Why; 8.3

Instruments Used in the Clinic

8.4 Understanding Hygiene in the Clinic8.5 What They Will Do, Where They Will Probe, and Why; 9. A Partnership in Performance; 9.1 Diagnose With the Doctor-Don't be Left Out!; 9.2 How Voice Specialists See Your Instrument; 9.3 Semantics; 9.4 Synonyms: A Rosetta Stone for Voice and Medical Professionals; 9.5 Misnomers; 9.6 Terms to Avoid; 10. Common Pathologies and Disorders in Singers and Possible Treatments; 10.1 Laryngeal Edema and Erythema; 10.2 Laryngitis; 10.3 Vocal Fold Hemorrhage; 10.4 Vocal Fold Varix; 10.5 Vocal Fold Nodules; 10.6 Vocal Fold Cyst; 10.7 Vocal Fold Polyp 10.8 Polypoid Corditis10.9 Vocal Fold Bowing; 10.10 Sulcus Vergeture; 10.11 Laryngeal Granuloma; 10.12 Laryngeal Contact Ulcers; 10.13 Laryngeal Web; 10.14 Laryngeal Papilloma; 10.15 Muscle Tension Dysphonia; 10.16 Unilateral Vocal Fold Paralysis and Paresis; 10.17 Arytenoid Dislocation; 10.18 Laryngeal Sicca; 10.19 Essential Vocal Tremor; 11. Vocally Hazardous Drugs; 11.1 Allergy and Cold Medications; 11.2 Antibiotics; 11.3 Anxiety Medications/Antidepressants/Mood Stabilizers; 11.4 Asthma Medications; 11.5 Blood Pressure Medications (Antihypertensives); 11.6 Blood Thinners 11.7 Cough Suppressants (Antitussives)11.8 Dermatologic Drugs; 11.9 Diarrhea Medications/Antispasmodics; 11.10 Gastrointestinal/Reflux Medications; 11.11 Hormone Therapy; 11.12 Nausea/Motion Sickness/Antidizziness Medications; 11.13 Mucolytics; 11.14 Pain Relievers; 11.15 Sleep Aids; 11.16 Steroids; 11.17 Herbal Medications; 11.18 Vitamin Supplements; 12. Cautions to the Singer Undergoing Surgery; 12.1 Aspects of the Surgical Process that Concern Singers; 12.2 Postoperation Concerns; 12.3 Common Problems Where Surgery Could Affect the Voice Mechanism; 12.4 Microlaryngeal Surgery 12.5 Common Instruments and Materials Used in Microlaryngeal Surgery

Sommario/riassunto

Singers must equip themselves with enough knowledge to clearly convey specific sensations and difficulties with their instrument. Understanding of potential dangers and disorders, familiarity with a variety of medical procedures, and comprehension in various facets of diagnosis and treatments empower singers to ""own,"" just like other musicians, their instrument. The Owner's Manual to the Voice provides singers with the knowledge necessary to communicate effectively and in intelligent terms about their instrument, especially when conversing with medical professionals. Beginning with an overvi

2. Record Nr.	UNINA9910146658103321
Titolo	The good society
Pubbl/distr/stampa	College Park, MD, : PEGS, 1995- University Park, PA, : Penn State University Press
ISSN	1538-9731
Disciplina	973
Soggetti	Economics Political science Social sciences Economie politique - Periodiques Science politique Sciences sociales - Philosophie Sociology Sciences sociales Science economique Periodicals. Periodique electronique (Descripteur de forme) Ressource Internet (Descripteur de forme)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Periodico
Note generali	Title from issue table of contents page (JSTOR, viewed Oct. 20, 2010).