

1. Record Nr.	UNINA9910145788803321
Titolo	Food and health in Europe [[electronic resource] ] : a new basis for action
Pubbl/distr/stampa	Copenhagen, : Regional Office for Europe, World Health Organization, c2003
ISBN	1-280-06080-8 9786610060801 92-890-1396-6
Edizione	[1st ed.]
Descrizione fisica	38 p
Altri autori (Persone)	RobertsonAileen
Disciplina	363.8/094
Soggetti	Food contamination - Europe Food supply - Europe Nutrition policy - Europe Nutrition - Europe
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di contenuto	Food and health in Europe: -- Contents -- Acknowledgements -- Editors -- Abbreviations -- Foreword -- Introduction: the need for action on food and nutrition in Europe -- Overview of the book -- WHO activities -- 1. Diet and disease -- Diet-related diseases: the principal health burden in Europe -- Variations in CVD: the fundamental role of diet -- Diet's role in limiting the development of cancer -- Epidemic of overweight and obesity -- Type 2 diabetes and excessive weight gain -- Impact of physical inactivity on health -- Impaired infant and child development from micronutrient deficiency -- Pregnancy and fetal development -- Feeding of infants and young children -- Dental health -- The health of the ageing population of Europe -- Nutritional health of vulnerable groups -- Social inequalities and poverty -- References -- 2. Food safety -- Food safety and food control -- Causes of foodborne disease -- Effects of foodborne disease -- Extent of foodborne disease -- Trends in foodborne disease -- The burden of foodborne disease -- Microbial hazards in food -- Chemical hazards in the food chain -- Risk assessment -- Food safety, diet and nutrition --

Inequality in food safety -- Case studies -- Emerging food control issues -- WHO and food safety -- References -- 3. Food security and sustainable development -- Food security -- Food production and health policies -- Food and nutrition insecurity -- Current trends in food supply -- Agricultural policies and diet -- Policies for food and nutrition security -- References -- 4. Policies and strategies -- WHO Action Plan on Food and Nutrition Policy -- Need for integrated and comprehensive food and nutrition policies -- Food and nutrition policies in the European Region -- Nutrition policy -- Food control policy -- Food security and sustainable development policy. Mechanisms to help health ministries set priorities for future action -- References -- Conclusion -- References -- Annex 1. The First Action Plan for Food and Nutrition Policy, WHO European Region, 2000-2005 -- Annex 2. International and selected national recommendations on nutrient intake values Nutrient intake values.

---

## Sommario/riassunto

Countries need a review of the scientific evidence to develop integrated and comprehensive national policies on food and nutrition. This book fills that need, providing a comprehensive, in-depth analysis of the data on nutritional health, food-borne disease, and food safety and public health concerns about the supply and security of food in Europe. Aimed at health professionals, this publication aims to strengthen their capacity as an efficient investment in improving public health in Europe. It highlights the urgent need for integrated, multisectoral food and nutrition policies to encourage the sustainable production of food, safe food production and the provision of food of high nutritional quality.

---