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Sommario/riassunto	Racism is a crucial issue that all of us must confront, starting with ourselves. It's painful to admit it, but we all have innate and long-standing attitudes and prejudices towards other ethnic and racial groups. This extraordinary book challenges the reader by documenting how each of us have a role in the oppression of others-and tells what we can do about it. Overcoming Our Racism offers a real cure, a way to overcome racism on a very intimate level: first by taking responsibility for our attitudes and understanding where they came from, then by learning about disparate cultures within our s

