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Altri autori (Persone)	DewePhilip
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. [120]-136) and index.
Nota di contenuto	From early beginnings to the 20th century -- The 20th century -- From the 1950s to Richard Lazarus -- The work of Richard Lazarus -- Work stress and occupational health psychology.
Sommario/riassunto	Stress: A Brief History is a lively, accessible, and detailed examination of the origins of the field of stress research. First concise, accessible, academically grounded book on the origins of the concept of stress. Explores different theories and models of stress such as the psychosomatic approach, homeostasis, and general adaptation syndrome. Discusses the work and intriguing contributions of key researchers in the field such as Walter Cannon, Hans Selye, Harold Wolff, and Richard Lazarus. Explains the origins of key concepts in stress such as