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17 Effects of Cooking and Storage on the Nutritional Value of Eggs18  
The Potential Use of Eggs for the Protein Requirements of Endurance  
Exercise; Index

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Sommario/riassunto

Eggs and Health Promotion provides up-to-date research on the use of eggs in human health. This single, convenient reference deals with the role of eggs in diet, nutrition, and disease. The book also includes current scientific data on the use of eggs to produce and deliver drugs, nutrients, and immunotherapies in patients. Written by well-known and highly respected scientists, this book will be of interest to health practitioners and scientists; pharmacologists; and commercial egg producers. Dispelling misconceptions and covering significant recent advances in egg use, Eggs a

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