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| Nota di bibliografia    | Includes bibliographical references and indexes.  |
| Nota di contenuto       | ALCOHOL AND CARDIOVASCULAR DISEASES; Contents; Participants; Chairman's introduction; Alcohol and cardiovascular diseases: a historical overview; Metabolic consequences of alcohol ingestion; Alcohol and the myocardium; Alcohol, free radicals and antioxidants; Alcohol, cardiac arrhythmias and sudden death; Alcohol intake, lipids and risks of myocardial infarction; Alcohol, coagulation and fibrinolysis; Alcohol, blood pressure and hypertension; General discussion; Do known cardiovascular risk factors mediate the effect of alcohol on cardiovascular disease?<br>The J-shaped curve and changes in drinking habit<br>Mechanisms of alcohol-related strokes; The French paradox and wine drinking; Alcohol and all-cause mortality: an overview; Alcohol, cardiovascular diseases and public health policy; Chairman's summing-up; Index of contributors; Subject index |

## Sommario/riassunto

Both timely and topical, this book examines the most important aspects of the relationship between alcohol consumption and health. Drawing together much new and exciting work in this area, it reviews this emotive subject from a dispassionate perspective. It will provide a firm base for further research into the effects of alcohol on the cardiovascular system, and into public health attitudes to what is both a universal pleasure and problem.

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