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Note generali	Contain articles from Symposium on Dietary supplement and health, held at the Novartis Foundation, London, 9-11, 2006.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Dietary Supplements And Health; Contents; Chair's introduction; Risk assessment of dietary supplements; DISCUSSION; Setting dietary intake levels: problems and pitfalls; DISCUSSION; Criteria for substantiating claims; DISCUSSION; Science in the regulatory setting: a challenging but incompatible mix?; DISCUSSION; Vitamin E; DISCUSSION; Flavonoids: a re-run of the carotenoids story?; DISCUSSION; Reduced folate status is common and increases disease risk. It can be corrected by daily ingestion of supplements or fortification; DISCUSSION; Calcium and vitamin D; DISCUSSION; Selenium; DISCUSSION Herbal medicines: balancing benefits and risksDISCUSSION; Standardization and evaluation of botanical mixtures: lessons from a traditional Chinese herb, Epimedium, with oestrogenic properties; DISCUSSION; Communication between science and management; DISCUSSION; Dietary supplements and health: the research agenda; DISCUSSION; FINAL DISCUSSION; Index of Contributors; Subject Index
Sommario/riassunto	Dietary supplements can contain a wide variety of ingredients, either singly or in combination, including nutrients, botanicals and 'bioactive

components' commonly found in foods. They are marketed and used by consumers for a range of reasons: to enhance "well-being", as traditional medicines, for health promotion or disease risk reduction, and as alternatives or complements to conventional drug therapies. On a global basis, the dietary supplement industry has enjoyed rapid growth, becoming a multi-billion dollar enterprise over the last 10 years. This growth has been associated with signifi
