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Nota di contenuto	Reflective Interpersonal Therapy for Children and Parents; Contents; About the author; List of illustrations; Acknowledgements; An old Jewish tale; Mind that child!; CHAPTER ONE: RICAP: a description of the intervention; CHAPTER TWO: RICAP and aggression: sometimes it helps to be bad; CHAPTER THREE: RICAP and reflection: are these children mindless?; CHAPTER FOUR: RICAP and attachment: fighting to feel safe; CHAPTER FIVE: RICAP and avoidance: a useful defence or a habitual ploy?; CHAPTER SIX: RICAP and emotions: why does everything have to be reduced to anger? CHAPTER SEVEN: RICAP and memory: what I remember tells me who I

amCHAPTER EIGHT: RICAP and problem solving: do solutions matter?;
CHAPTER NINE: RICAP and metaphor: the use and usefulness of
metaphor; CHAPTER TEN: Marc: a case study; Appendices; References;
Index; Color plate

Sommario/riassunto

Disruptive and aggressive behaviour in children causes significant distress to everyone involved. Tradition interventions tend to focus on changing the disruptive behaviour itself, but research shows that it is important to also focus on the underlying anxiety, anger and vulnerability that may have contributed to the child's conduct. In this innovative book, Hermione Roff introduces Reflective Interpersonal Therapy for Children and Parents (RICAP), a new intervention that looks at the processes underpinning disruptive and aggressive behaviour problems. RICAP was developed specifically t
