Record Nr. UNINA9910143573803321 Autore Millon Theodore Titolo Resolving difficult clinical syndromes [[electronic resource]]: a personalized psychotherapy approach / / Theodore Millon, Seth Grossman Hoboken, N.J., : Wiley, c2007 Pubbl/distr/stampa **ISBN** 1-280-83919-8 9786610839193 1-118-26987-X 0-470-12008-8 Descrizione fisica 1 online resource (290 p.) Altri autori (Persone) GrossmanSeth Disciplina 616.858 616.8914 Soggetti Clinical neuropsychology Psychotherapy Neuropsychiatry Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Nota di bibliografia Includes bibliographical references (p. 253-263) and index. Resolving Difficult Clinical Syndromes: A Personalized Psychotherapy Nota di contenuto Approach; CONTENTS; PREFACE; PART ONE; Chapter 1: The Wisdom of Personalized Therapy; Introduction; Reflections on Psychotherapeutic Practice Today; Broadening the Base of Personologic Science; Personality Styles and Disorders: Focusing on the Whole Person; Complex Syndromes: Focusing on Symptom Clusters; Simple Reactions: Focusing on Singular Symptoms; General Methods and Goals of Personalized Psychotherapy; Potentiated Pairings and Catalytic Sequences; Selecting Domain Tactics; Procedural Caveats and Considerations PART TWOChapter 2: Personalized Therapy of Mood-Related Syndromes: Dysthymic, Major Depressive, and Bipolar Disorders:

Dysthymic Syndromes; Major Depressive Disorder; Bipolar Syndromes;

Generalized Anxiety Syndromes: Acute Anxiety and Panic Reactions:

Chapter 3: Personalized Therapy of Acute, Posttraumatic, and

Posttraumatic Stress Syndromes; Generalized Anxiety Syndromes; Chapter 4: Personalized Therapy of Anxiety-Related Psychological Syndromes: Phobic, Dissociative, and Obsessive-Compulsive Disorders; Phobic Syndromes; Dissociative Syndromes; Obsessive-Compulsive (Axis I) Syndromes

Chapter 5: Personalized Therapy of Anxiety-Related Physical Syndromes: Somatoform and Conversion DisordersSomatoform Syndromes; Conversion Syndromes; Chapter 6: Personalized Therapy of Cognitive Dysfunction Syndromes: Substance-Related and Schizophrenia Spectrum Disorders; Substance-Related Syndromes (Exogenous); Schizophrenic Syndromes (Endogenous); REFERENCES; INDEX

## Sommario/riassunto

A revolutionary, personalized psychotherapy approach for the treatment of Axis I clinical disorders, by renowned expert Dr. Theodore MillonAcknowledging the primacy of the whole person, Resolving Difficult Clinical Syndromes: A Personalized Psychotherapy Approach takes into account all of the complexities of human nature--family influences, culture, neurobiological processes, unconscious memories, and so on--illustrating that no part of human nature should lie outside the scope of a clinician's regard.Part of a three-book series, Resolving Difficult Clinical Syndromes: A Person