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Nota di contenuto	PRINCIPLES OF PSYCHOPHARMACOLOGY FOR MENTAL HEALTH PROFESSIONALS; CONTENTS; Preface; Faculty Disclosure; 1 INTRODUCTION AND OVERVIEW; Additional Reading; 2 BASICS OF PSYCHOPHARMACOLOGY; 2.1 Introduction; 2.1.1 Learning the Language of Pharmacology; 2.1.2 Overview; 2.2 Normal Human Nervous System; 2.2.1 Neuroanatomy: Structure of the Nervous System; 2.2.2 Neurophysiology: Function of the Nervous System; 2.3 Pathophysiology: Study of What Goes Wrong; 2.3.1 What Goes Wrong; 2.3.2 Why It Goes Wrong; 2.4 Pharmacology; 2.4.1 Introduction; 2.4.2 Pharmacokinetics; 2.4.3 Pharmacodynamics; 2.4.4 Predicting Medication Effects; 2.4.5 Predicting Drug Interactions; 2.5 Putting It All Together; Additional Reading; 3 MOOD DISORDERS; 3.1 Introduction; 3.2 Major Depressive Disorder; 3.2.1 Brief Description and Diagnostic Criteria; 3.2.2 Prevalence and Risk Factors; 3.2.3

Presentation and Clinical Course; 3.2.4 Initial Evaluation and Differential Diagnosis; 3.2.5 History of Pharmacological Treatment; 3.2.6 Current Approach to Treatment; 3.2.7 Refractory Depression; 3.3 Dysthymic Disorder; 3.3.1 Brief Description and Diagnostic Criteria; 3.3.2 Prevalence and Risk Factors 3.3.3 Presentation and Clinical Course 3.3.4 Initial Evaluation and Differential Diagnosis; 3.3.5 History of Pharmacological Treatment; 3.3.6 Current Approach to Treatment; 3.3.7 Refractory Depression; 3.4 Bipolar Disorders; 3.4.1 Brief Description and Diagnostic Criteria; 3.4.2 Prevalence and Risk Factors; 3.4.3 Presentation and Clinical Course; 3.4.4 Initial Evaluation and Differential Diagnosis; 3.4.5 History of Pharmacological Treatment; 3.4.6 Current Approach to Treatment; Additional Reading; 4 SCHIZOPHRENIA; 4.1 Brief Description and Diagnostic Criteria; 4.2 Prevalence and Risk Factors 4.3 Presentation and Clinical Course 4.4 Initial Evaluation and Differential Diagnosis; 4.5 History of Treatment; 4.6 Current Approach to Treatment; 4.6.1 Prodromal Phase; 4.6.2 Acute Phase; 4.6.3 Maintenance Phase; 4.6.4 Residual Phase; 4.7 Treatment Resistant Schizophrenia; Additional Reading; 5 ANXIETY DISORDERS; 5.1 Introduction; 5.1.1 History of Anxiety Disorders; 5.1.2 Anxiety Symptoms; 5.1.3 Brief Overview of the Anxiety Disorders; 5.1.4 History of Pharmacological Treatment for Anxiety; 5.2 Panic Disorder; 5.2.1 Brief Description and Diagnostic Criteria 5.2.2 Prevalence and Risk Factors 5.2.3 Presentation and Clinical Course; 5.2.4 Initial Evaluation and Differential Diagnosis; 5.2.5 History of Pharmacological Treatment; 5.2.6 Current Approach to Treatment; 5.3 Generalized Anxiety Disorder; 5.3.1 Brief Description and Diagnostic Criteria; 5.3.2 Prevalence and Risk Factors; 5.3.3 Presentation and Clinical Course; 5.3.4 Initial Evaluation and Differential Diagnosis; 5.3.5 History of Pharmacological Treatment; 5.3.6 Current Approach of Treatment; 5.4 Obsessive-Compulsive Disorder; 5.4.1 Brief Description and Diagnostic Criteria 5.4.2 Prevalence and Risk Factors

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## Sommario/riassunto

Principles of Psychopharmacology for Mental Health Professionals addresses the current "split" model of mental health care, in which physicians provide pharmaco-therapy while non-prescribing practitioners oversee other services such as psychotherapy. Bringing these two areas together, this book familiarizes mental health professionals with the medications used to treat psychiatric disorders. Prepared by world-renowned psychopharmacologists and psychiatrists, this useful resource helps non-prescribing practitioners understand when and why a given medication is appropriate to use, when

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