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Nota di contenuto	Hypertrophic Cardiomyopathy: for patients, their families and interested physicians; Contents; Acknowledgments; Dedication; Foreword; Introduction; What is hypertrophic cardiomyopathy (HCM)?; Historical perspective and names; How common is HCM?; What is the cause of HCM?; Heart structure in HCM; When does HCM develop?: HCM in infants and children; Gender and race; What are the symptoms of HCM?; How is HCM diagnosed and what tests are used?; Other investigations that may be useful; General outlook for patients with HCM; Complications of HCM Special considerations: Athletes and sports activitiesTreatments for HCM; Is a cure available?; Family screening; What about having children?: Pregnancy and delivery; Routine medical care; General lifestyle advice; Support and advocacy groups; What research is being conducted?; The 34 most frequently asked questions by patients about HCM, as addressed to the HCMA; Glossary; Key HCM references; Appendix; HCMA membership application; Index
Sommario/riassunto	When there is a diagnosis of HCM in a family, this complete, easy-to-

read guide is your essential resource for finding the answers to your many questions. In clear and straightforward language, it explains what hypertrophic cardiomyopathy is, what the symptoms are, and how it can be treated, as well as reviewing the genetic implications and offering candid lifestyle advice. Drawing on the expertise of Dr. Barry Maron, an internationally recognized authority on HCM, the book addresses major questions and concerns of both patients and families. Fully revised to reflect the latest de

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