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Altri autori (Persone)	CoxW. Miles KlingerEric <1933->
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Nota di contenuto	Handbook of Motivational Counseling; Contents; About the Editors; Contributors; Foreword by Professor Peter E. Nathan; Preface; Part I: Basic Concepts and Theories; Chapter 1 Motivation and the Theory of Current Concerns; Chapter 2 Motivation and Addiction: The Role of Incentive Motivation in Understanding and Treating Addictive Disorders; Chapter 3 Behavioral Economics: Basic Concepts and Clinical Applications; Chapter 4 Personal Project Pursuit: On Human Doings and Well-Beings; Chapter 5 Goal Conflicts: Concepts, Findings, and Consequences for Psychotherapy Chapter 6 Motivational Counseling in an Extended Functional Context: Personality Systems Interaction Theory and Assessment Chapter 7 A Motivational Model of Alcohol Use: Determinants of Use and Change; Part II: Assessment and Relationships to Behavior; Chapter 8 Measuring Motivation: The Motivational Structure Questionnaire and Personal

Concerns Inventory; Chapter 9 The Motivational Structure Questionnaire and Personal Concerns Inventory: Psychometric Properties; Chapter 10 Volitional and Emotional Correlates of the Motivational Structure Questionnaire: Further Evidence for Construct Validity

Part III: Systematic Motivational Counseling and its Applications

Chapter 11 Systematic Motivational Counseling: The Motivational Structure Questionnaire in Action; Chapter 12 Systematic Motivational Counseling in Groups: Clarifying Motivational Structure during Psychotherapy; Chapter 13 Systematic Motivational Analysis as Part of a Self-Help Technique Aimed at Personal Goal Attainment; Chapter 14 Systematic Motivational Counseling at Work: Improving Employee Performance, Satisfaction, and Socialization; Chapter 15 Systematic Motivational Counseling in Rehabilitation Settings

Chapter 16 Assessing and Changing Motivation to Offend

Part IV: Other Motivational Approaches to Changing Behavior; Chapter 17 Enhancing Motivation for Psychotherapy: The Elaboration of Positive Perspectives (EPOS) to Develop Clients' Goal Structure; Chapter 18 Viktor E. Frankl's Existential Analysis and Logotherapy; Chapter 19 Changing Alcohol Expectancies: Techniques for Altering Motivations for Drinking; Chapter 20 The Motivational Drinker's Check-Up: A Brief Intervention for Early-Stage Problem Drinkers

Chapter 21 Motivational Enhancement as a Brief Intervention for College Student Drinkers

Chapter 22 Community Reinforcement Approach and Contingency Management Interventions for Substance Abuse; Chapter 23 Goal-Setting as a Motivational Technique for Neurorehabilitation; Chapter 24 Motivational Interviewing in Health Promotion and Behavioral Medicine; Part V: Conclusion; Chapter 25 Motivational Counseling: Taking Stock and Looking Ahead; Author Index; Subject Index

Sommario/riassunto

Motivation is a pervasive force that can affect well-being in a variety of life situations, from the more minor through to the ability to overcome addictions and other serious psychological problems. This book presents empirically supported theories (featuring current concerns theory), questionnaires based on these theories (highlighting the Motivational Structure Questionnaire) and varied interventions based on these, with special emphasis on Systematic Motivational Counselling but also including chapters on such approaches as Personality Systems Interaction Theory, expectancy-based approaches
