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Paradigm; Chapter 10 A Risk Management Approach to the Prevention of Work Stress; Part III: Specific Issues in Work and Health Psychology; Chapter 11 New Technologies and Stress; Chapter 12 Women's Coping: Communal Versus Individualistic Orientation; Chapter 13 Work Experiences, Stress and Health among Managerial Women: Research and Practice  
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Chapter 15 Alcohol and Drug Misuse and the Organization;  
Chapter 16 Issues of the Second Career Half; Chapter 17 Policies and Strategies for the Second Career Half; Chapter 18 Acute Stress at Work; Chapter 19 Burnout: An Overview of 25 Years of Research and Theorizing; Part IV: Preventive and Curative Interventions; Chapter 20 Job Design and Well-Being; Chapter 21 Organizational Learning; Chapter 22 Management Development, Well-Being and Health in the Twenty-First Century  
Chapter 23 Conflict at Work and Individual Well-Being  
Chapter 24 Creating Shared Commitment for Results: How to Talk about Accountability; Chapter 25 Stress Management at Work: Secondary Prevention of Stress; Chapter 26 A FIT Approach to Work Stress and Health; Chapter 27 Coaching and Counselling in Organizational Psychology; Chapter 28 What an Organisation Can Do about its Employees' Well-Being and Health: An Overview; Chapter 29 Epilogue; Index

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Sommario/riassunto

Workplace health is now recognised as having major legal, financial and efficiency implications for organizations. Psychologists are increasingly called on as consultants or in house facilitators to help design work processes, assess and counsel individuals and advise on change management. The second edition of this handbook offers a comprehensive, authoritative and up-to-date survey of the field with a focus on the applied aspects of work and health psychology. An unrivalled source of knowledge and references in the field, for students and academics, this edition also reflecs

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