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Titolo	Supporting a physiologic approach to pregnancy and birth [[electronic resource]] : a practical guide // edited by Melissa D. Avery
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Descrizione fisica	1 online resource (359 p.)
Altri autori (Persone)	AveryMelissa D
Disciplina	618.2/4
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Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	The case for a physiologic approach to birth : an overview -- The physiology of pregnancy, labor, and birth -- A supportive approach to prenatal care -- Physiologic support of labor and birth -- Promoting comfort a conceptual approach -- Continuous labor support -- Techniques to promote relaxation in labor -- Touch therapies -- Water immersion for labor and birth -- Aromatherapy in pregnancy and childbirth -- Acupressure and acupuncture -- Rethinking care on the hospital unit -- Out of hospital birth -- Educating health professionals for collaborative practice in support of normal birth -- Women's health and maternity care policies : currenta status and recommendations for change.
Sommario/riassunto	Supporting a Physiologic Approach to Pregnancy and Birth: A Practical Guide provides an overview of current evidence and a range of practical suggestions to promote physiologic birth within the United States healthcare system. Presenting the latest evidence available on practical approaches and minimal interventions, this book looks into clinic exam rooms and hospital labor units to investigate the possibilities for improving the pregnancy and labor experience. Contributors discuss recent research and other published information and present a range of ideas, tools, and solutions for mat

