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| Nota di bibliografia    | Includes bibliographical references and index.  |
| Nota di contenuto       | About the editors -- About the contributors -- Foreword / by Tom Prout -- Mental health and emotional problems in people with intellectual disabilities / John L. Taylor -- Social and psychological factors as determinants of emotional and behavioural difficulties / Eric Emerson and Andrew Jahoda -- The assessment of mental health problems in adults with intellectual disabilities / Chris Hatton and John L. Taylor -- Preparing people with intellectual disabilities for psychological treatment / Dave Dagnan, Andrew Jahoda and Amy Kilbane -- Adapting psychological therapies for people with intellectual disabilities i : assessment and cognitive deficit considerations / William R. Lindsay, Andrew J. Jahoda, Paul Willner and John L. Taylor -- Adapting psychological therapies for people with intellectual disabilities ii : treatment approaches and modifications / William R. Lindsay, Andrew J. Jahoda and Paul Willner -- Cognitive behaviour therapy for anxiety disorders / William R Lindsay, Paul Willner and Peter Sturmey -- Cognitive behavioural therapy for mood disorders / Anna J. Esbensen and Sigan L. Hartley -- Anger control problems / John L Taylor and Raymond W Novaco -- Cognitive-behavioural therapy for people with intellectual disabilities and psychosis / Stephen C. Oathamshaw, Alastair L. Barrowcliff and Gillian Haddock -- Cognitive behavioural treatment for inappropriate sexual behaviour in men with intellectual |

disabilities / William R. Lindsay -- Developing psychotherapeutic interventions for people with autism spectrum disorders / Dougal Julian Hare -- Supporting care staff using mindfulness and acceptance-based approaches / Stephen J. Noone -- Behavioural approaches to working with mental health problems / Robert S. P. Jones and Alan Dowey -- Psychodynamic psychotherapy and people with intellectual disabilities / Nigel Beail and Tom Jackson -- Mindfulness-based approaches / Nirbhay N. Singh, Giulio E. Lancioni, Alan S.W. Winton, Angela D. A. Singh, Ashvind N. A. Singh and Judy Singh -- Psychological therapies for adults with intellectual disabilities : future directions for research and practice / Richard P. Hastings, Chris Hatton, William R Lindsay and John L. Taylor -- Index.

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Sommario/riassunto

Psychological Therapies for Adults with Intellectual Disabilities brings together contributions from leading proponents of psychological therapies for people with intellectual disabilities, which offer key information on the nature and prevalence of psychological and mental health problems, the delivery of treatment approaches, and the effectiveness of treatment. Offers a detailed guide to available therapies for adults with intellectual disabilitiesIncludes case illustrations to demonstrate therapies in actionProvides up-to-date coverage of

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