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Altri autori (Persone)	O'DonohueWilliam T FisherJane E <1957-> (Jane Ellen)
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Nota di contenuto	The core principles of cognitive behavior therapy / William T. O'Donohue and Jane E. Fisher -- Clinical functional analysis : understanding the contingencies of reinforcement / Clair Rummel ... [et al.] -- Skills training / Michael P. Twohig and John P. Dehlin -- Exposure therapy : promoting emotional processing of pathological anxiety / Alyson K. Zalta and Edna B. Foa.
Sommario/riassunto	Learn and apply the 14 core principles of cognitive behavior therapy In this invaluable guide, clinicians will find-identified and summarized by leading researchers and clinicians-fourteen core principles that subsume the more than 400 cognitive behavioral therapy (CBT) treatment protocols currently in use, so they may apply them to their everyday practice. This unique contribution to the field provides practitioners with a balance of history, theory, and evidence-based applications. Edited by renowned experts in the field, Cognitive Behavior Therapy explores the core