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A genuine evidence-based text for optimum pain relief in various chronic conditions Contributes an important advance in the practice of pain management providing the information on which to build more coherent and standardised strategies for relief of patient sufferingAnswers questions about which are the most effective methods, AND those which are not effective yet continue to be usedIncludes discussion of the positive and the negative evidence, and addresses the grey areas where evidence is ambivalentWritten by the world's leading exper