1. Record Nr. UNINA9910140507303321 Autore Brown Gary P Titolo Assessment in cognitive therapy / / edited by Gary P. Brown and David A. Clark; contributors, Alison Alden [and thirty four others] Pubbl/distr/stampa Guilford Press, 2015 New York:,: The Guilford Press,, 2015 ©2015 **ISBN** 1-4625-1820-6 1-4625-1818-4 1-4625-1817-6 Edizione [1st ed.] Descrizione fisica 1 online resource (386 pages) Disciplina 616.89/1425 Soggetti Cognition disorders - Diagnosis Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Includes bibliographical references at the end of each chapters and Nota di bibliografia index. Nota di contenuto Cover; Half Title; Also Available; Title Page; Copyright; About the Editors; Contributors; Preface; Contents; Introduction; 1. Cognitive Clinical Assessment: Contributions and Impediments to Progress; Part I. Cognitive Assessment: Strategies and Practices: 2. "Better the Devil You Know"?: A Conceptual Critique of EndorsementMethods in Cognitive Therapy Assessment; 3. Production-Based Assessment in Cognitive-Behavioral Therapy: 4. Imagery-Based Cognitive-Behavioral Assessment; 5. Assessment of Cognitive Vulnerability to Psychopathology: Issues in Theory and Practice 6. Implementing an Evidence-Based Approach to Cognitive-Behavioral AssessmentPart II. Cognitive Assessment and Diagnosis; 7. Dimensionality in Cognitive-Behavioral Assessment; 8. The Cognitive Content-Specificity Hypothesis: Contributions to Diagnosis and Assessment; 9. Transdiagnostic Cognitive Assessment and Case Formulation for Anxiety: A New Approach; 10. Beyond DSM Diagnosis:

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Sommario/riassunto

This volume brings together leading experts to explore the state of the art of cognitive clinical assessment and identify cutting-edge approaches of interest to clinicians and researchers. The book highlights fundamental problems concerning the validity of assessments that are widely used in cognitive-behavioral therapy (CBT). Key directions for further research and development are identified. Updated cognitive assessment methods are described in detail, with particular attention to transdiagnostic treatment, evidence-based practice, cognitive case formulation, and imagery-based techniques.