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Altri autori (Persone)	KopelmanPeter G CatersonIan D DietzWilliam H
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Clinical Obesity in Adults and Children; Contents; List of Contributors; Preface; List of Abbreviations; Part 1: Obesity; 1: Epidemiology: Definition and Classification of Obesity; 2: Measuring Body Composition in Adults and Children; 3: Stigma and Social Consequences of Obesity; 4: Obesity and Culture; 5: Obesity and Gender; Part 2: Biology of Obesity; 6: Energy Balance and Body Weight Homeostasis; 7: Genes and Obesity; 8: Fetal and Infant Origins of Obesity; 9: Adipocyte Biology; 10: Metabolic Fuels and Obesity; 11: Eating Behavior 12: Energy Expenditure in Humans: The Influence of Activity, Diet and the Sympathetic Nervous SystemPart 3: Obesity and Disease; 13: Obesity and Dyslipidemia: Importance of Body Fat Distribution; 14: Obesity Insulin Resistance and Gut Hormones; 15: Obesity as an Endocrine Disease; 16: Metabolic Syndrome, Diabetes and Nonalcoholic Steatohepatitis; 17: Cardiovascular Consequences of Obesity; 18: Adult Obesity: Fertility; 19: Obstructive Sleep Apnea; Part 4: Management of Adult Obesity; 20: An Overview of Obesity Management; 21: Dietary

## Management of Obesity: Eating Plans

22: Behavioral Treatment of Obesity 23: Exercise, Physical Activity and Obesity; 24: Drugs Used Clinically to Reduce Body Weight; 25: The Management of Obesity: Surgery; 26: Weight Loss Maintenance and Weight Cycling; 27: Education and Training of Healthcare Professionals; Part 5: Childhood Obesity; 28: Childhood Obesity: Definition, Classification and Assessment; 29: Childhood Obesity: Consequences and Complications; 30: The Treatment of Childhood and Adolescent Obesity; Part 6: Environmental Policy Approaches; 31: Obesity: Global Pandemic; 32: Obesity and the Environment  
33: Obesity: Using the Ecologic Public Health Approach to Overcome Policy Cacophony 34: A Comprehensive Approach to Obesity Prevention; Index

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### Sommario/riassunto

Obesity is a major problem facing doctors in the 21st century. This third edition of a highly-respected textbook combines the latest in clinical research with a practical approach to guide the successful evaluation, management and treatment of the obese patient including the large number of complications and other conditions that can arise as a consequence of it. Written by experts from around the globe, this book is a truly international work recognizing that the approach for the treatment and management of obesity may vary between differing ethnicities and in different countries. The book

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