Record Nr. UNINA9910139898103321 Plant phenolics and human health [[electronic resource]]: **Titolo** biochemistry, nutrition, and pharmacology / / edited, Cesar G. Fraga Pubbl/distr/stampa Hoboken, N.J.,: Wiley, 2009 **ISBN** 1-282-34833-7 9786612348334 0-470-53179-7 0-470-53178-9 Descrizione fisica 1 online resource (609 p.) Collana The Wiley-IUBMB Series on Biochemistry and Molecular Biology; v.1 Altri autori (Persone) FragaCesar G Disciplina 547.632 547/.632 Phenols - Physiological effect Soggetti Flavonoids - Physiological effect Phytochemicals - Physiological effect **Nutrition** Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto PLANT PHENOLICS AND HUMAN HEALTH; CONTENTS; PREFACE; CONTRIBUTORS; 1 Dietary Flavonoids and Phenolic Compounds; 2 Bioavailability of Flavanols and Phenolic Acids; 3 Biochemical Actions of Plant Phenolics Compounds: Thermodynamic and Kinetic Aspects; 4 Flavonoids-Membrane Interactions: Consequences for Biological Actions; 5 The Biochemistry Behind the Potential Cardiovascular Protection by Dietary Flavonoids; 6 Dietary Flavanols: Biochemical Basis of Short-Term and Longer-Term Vascular Responses; 7 Green Tea Catechins: Anticancer Effects and Molecular Targets 8 Flavonols: Metabolism, Bioavailability, and Health Impacts9 Flavonols: Biochemistry Behind Cardiovascular Effects; 10 Metabolism, Bioavailability, and Analysis of Dietary Isoflavones; 11 Phytoestrogens

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Sommario/riassunto

A collection of current knowledge of phytochemicals and health Interest in phenolic phytochemicals has increased as scientific studies indicate these compounds exhibit potential health benefits. With contributions from world leaders in this research area, Plant Phenolics and Human Health: Biochemistry, Nutrition, and Pharmacology offers an essential survey of the current knowledge on the capacity of specific micronutrients present in ordinary diets to fight disease. The coverage in this resource: Explains the presence and biochemical properties of phenolics present