

1. Record Nr.	UNINA9910139774803321
Autore	Jacobelli Frank
Titolo	Smarthelp for good 'n' angry kids [[electronic resource]] : teaching children to manage anger // Frank Jacobelli and Lynn Ann Watson
Pubbl/distr/stampa	New York, : Wiley, 2009
ISBN	1-282-30339-2 9786612303395 0-470-74456-1 0-470-74457-X
Descrizione fisica	1 online resource (223 p.)
Altri autori (Persone)	WatsonLynn Ann
Disciplina	155.41247 248.845
Soggetti	Anger in children Attitude change in children Child rearing Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	SmartHelp For Good 'n' Angry Kids; Contents; About the Authors; Foreword; Acknowledgments; 1 Introducing SmartHelp for Good 'n' Angry Kids; 2 Making Sense of Anger; 3 Major Theories about Anger: A Brief, Annotated Guide; 4 Character: Factory Installed or Add-On Equipment?; 5 The Labeling of Children: When Anger Leads to Diagnosis; 6 Reaching and Teaching the Angry Child-And How to Stay Sane in the Process; 7 Learning Styles and Why They Matter; 8 Kaytlin, Thomas, Lena, and Manny: A Few of Our Angry Kids; 9 Before You Begin; Workbook A Logical-Mathematical; This Thing Called Anger Me in the MirrorWalt Learns to Wait; Figuring Out Who I Am; Crack the Cool Code; Bonnie Can Balance; Workbook B Bodily-Kinesthetic; Snack-Food for Thought; Frank Feels the Fire; Counting to Calm; Rockhound Rhonda; Don't Blow It; Paul Hits the Wall; Workbook C Intrapersonal; Brenda in a Bag; Ray on the Rise; My Three Favorite Things; Color You Calm; When Gary Gets Going; Ben Beats the Blahs; Workbook D Interpersonal; Sizzling Simon; 'I,' 'I,' Irene; Hannah Asks for Help;

Mirroring Matthew; Playing It Cool; Chuck Checks It Out; Workbook E Musical-Rhythmic; Larry's Lyrics to Live By Rappin' Randy Raps It Out Bobby Keeps the Beat; Sam's Secret Saying; Rockin' Ricky; Shake It Out Your Shoes; Workbook F Visual-Spatial; Mike's Magic Bike; What Bugs You?; Putting Feelings to Faces; The Train that Could; Vinnie on Video; Picture This; Workbook G Verbal-Linguistic; 'All or Nothing' Alex; Have a Talk With Yourself; Keep it Simple, Sam; Sarah Says 'I'm Sorry'; What I Really Mean to Say; Carla's Cool Friend Connie; Workbook H Naturalist; Tip of the Iceberg; Andrea's Ant Hill; Spencer in Space; Vic, the Volcano; Stella Sees Stars; Felicia Finds the Forest
Appendix I Survey, Scoring page, and Graph-Eight Strengths Survey
Appendix II Answer Guide; Bibliography; Index

Sommario/riassunto

SmartHelp for Good 'n' Angry Kids provides the reader with an innovative tool for determining a child's individual learning strengths, and for pairing this information with specific, carefully crafted activities that teach the child about anger and its appropriate expression. Provides innovative tools for identifying each child's individual learning strengths Includes Personalized Learning - providing primary, secondary and tertiary techniques to suit your child A vital supplement to standard psychotherapeutic approaches such as play therapy, cognitive behavior
