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Titolo	Clinician's handbook for obsessive-compulsive disorder [[electronic resource]] : inference-based therapy / / Kieron O'Connor, Frederick Aardema
Pubbl/distr/stampa	Chichester, West Sussex, : John Wiley & Sons, 2012
ISBN	1-119-96002-9 1-283-40489-3 9786613404893 1-119-96003-7
Descrizione fisica	1 online resource (353 p.)
Altri autori (Persone)	AardemaFrederick
Disciplina	616.85/227
Soggetti	Obsessive-compulsive disorder - Treatment Cognitive therapy Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Overview -- IBT evaluation -- When OCD begins -- The logic behind OCD -- The obsessional story -- The vulnerable self-theme -- OCD is 100% imaginary -- Doubt and possibility -- The OCD bubble -- Reality sensing -- A different story -- Tricks and treats of the OCD salesman -- The real self -- Knowing and doing : moving on and preventing relapse -- Trouble shooting.
Sommario/riassunto	This book is the first to bring together new research to offer a hands-on clinical guide to treating people with all types of obsessive compulsive disorder (OCD) using an inference-based therapy (IBT). Provides clinical examples from the full range of OCD subtypesCoverage integrates theory and applicationDescribes case management in detail - from initial assessment to terminating therapy and follow-upShows how IBT can also be generalized and applied to other serious psychiatric disorders