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| 1. Record Nr. | UNINA9910139384303321 |
| Autore | Hollis Margaret |
| Titolo | Massage for therapists : a guide to soft tissue therapy |
| Pubbl/distr/stampa | [Place of publication not identified], : Wiley Blackwell, 2009 |
| ISBN | 1-4443-0648-0 1-4443-1837-3 |
| Disciplina | 615.8/22 |
| Soggetti | Massage therapy Methods Massage Musculoskeletal Manipulations Investigative Techniques Complementary Therapies Physical Therapy Modalities Therapeutics Physical Therapy Health & Biological Sciences |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Bibliographic Level Mode of Issuance: Monograph |
| Nota di contenuto | Introduction to massage / Elisabeth Jones -- Relevant anatomy and physiology : an overview / Elisabeth Jones -- Evidence based effects, risk awareness & contra-indications for massage / David Lee and Carol Young -- Examination and assessment / Ann Thomson -- Preparation for massage / Margaret Hollis and Elisabeth Jones -- The massage manipulations / Margaret Hollis and Elisabeth Jones -- Massage to the upper limb / Margaret Hollis and Elisabeth Jones -- Massage to the lower limb -- Margaret Hollis and Elisabeth Jones -- Massage to the back, gluteal region, and neck / Margaret Hollis and Elisabeth Jones -- Massage to the face & scalp / Margaret Hollis and Elisabeth Jones -- Massage to the abdomen / Margaret Hollis and Elisabeth Jones -- Uses of classical massage in some health care settings : an overview / Elisabeth Jones -- Some types of massage and soft tissue therapies / |

Elisabeth Jones -- Massage in sport / Joan M. Watt -- Aromatherapy /
Elisabeth Jones -- Shiatsu : the Japanese healing art of touch / Andrea
Battermann -- Myofascial release and beyond / Ann Childs, Stuart
Robinson.

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| 2. Record Nr. | UNINA9910164174403321 |
| Autore | Holland Mary <1948-> |
| Titolo | Otis, El BÃ³ho |
| Pubbl/distr/stampa | Arbordale Publishing |
| ISBN | 1-62855-947-0 |
| Descrizione fisica | 1 online resource (32 p.) |
| Disciplina | 598.9/7 |
| Lingua di pubblicazione | Inglese |
| Formato | Musica |
| Livello bibliografico | Monografia |
| Sommario/riassunto | Con fotograf#65533;as hermosamente detalladas, Mary Holland capta los primeros meses de la vida de un b#65533;ho. Los grandes ojos y las esponjosas plumas se robar#65533;n el coraz#65533;n de los lectores mientras aprenden c#65533;mo los padres de los b#65533;hos carabo norteamericanos preparan a sus j#65533;venes cr#65533;os para el gran mundo fuera del nido. Acompa#65533;a a Otis mientras aprende a comer, pelea con su hermana, y se prepara para alzar el vuelo. |
