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	conditions effect barrier function; Water and its effect on the epidermis; Moisturizing basics; Emulsions; Contents of a moisturizer; Choosing a moisturizer; Conclusion; Further reading; Part II Cosmeceutical Ingredients; Chapter 7 Cosmeceutical Uses and Benefits of Alpha, Poly and Bionic Hydroxy Acids; Introduction; Hydroxyacid classification: AHA, PHA, BA Benefits of hydroxyacids by skin conditionFormulating with AHAs; Conclusion; Further reading; Chapter 8 Vitamin A: Retinoids and the Treatment of Aging Skin; Introduction; Define the active ingredient; The biology of aging skin; Mechanisms of action; Clinical benefits; Indications and contraindications; Side effects; Conclusion; Further reading; Chapter 9 Vitamin C Cosmeceuticals; Introduction; Vitamin C: stability and derivatives; Vitamin C: an important antioxidant; Vitamin C and photoprotection; Vitamin C, collagen synthesis and wrinkles; Clinical studies: treating photoaging Vitamin C: an important skin lightenerVitamin C: A potent anti- inflammatory; Conclusion; Further reading; Chapter 10 Niacinamide: A Topical Vitamin with Wide-Ranging Skin Appearance~Benefits; Introduction; Active ingredient; Mechanisms of action; Clinical benefits; Uses; Possible side effects; Conclusion; Further reading; Chapter 11 Innovative Botanicals; Introduction; Pine bark extract (PBE); Coffea arabica; Pomegranate; Tea tree oil; Grape seed extract; Conclusion; Further reading; Chapter 12 Green Tea Extract; Introduction; Active ingredient; Mechanisms of action; Clinical benefits Treatment of warts
Sommario/riassunto	Anti-aging skin care is an important part of dermatologic practice. The science behind the aging process has led to revolutionary changes in the treatment options available. Dermatologists can offer increasing numbers of combinations of pharmaceutical and cosmetic products. As choice increases so the possibility of confusion arises. Cosmeceuticals and Cosmetic Practice offers a no-nonsense guide to defusing this confusion. With an emphasis on practical applications, and with easy-access summary features, you can learn the secrets of successful cosmeceutical practice for your patients.