1. Record Nr. UNINA9910139020303321 Autore Law Ho Titolo The psychology of coaching, mentoring and learning / / Ho Law Malden, MA:,: John Wiley & Sons Inc.,, 2013 Pubbl/distr/stampa **ISBN** 1-118-59831-8 1-118-59826-1 1-118-59827-X 1-118-59828-8 Edizione [Second edition.] Descrizione fisica 1 online resource (284 p.) 158.3 Disciplina Soggetti Personal coaching Executive coaching Mentoring Learning, Psychology of Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Introduction -- The coming of age: coaching psychology, coaching & mentoring -- Philosophy and theories of learning applicable to coaching and mentoring: positive psychology and the learning process -- Definitions: coaching psychology, coaching, mentoring and learning -- Leadership and organizational coaching & mentoring - becoming a learning organization and learning community -- Developing a universal integrative framework for coaching and mentoring --Techniques and tools -- Continuing professional development, learning resources and practical exercises -- Case studies --Evaluation -- Conclusion, discussion, future research and development. Sommario/riassunto The Psychology of Coaching, Mentoring and Learning addresses the psychological principles upon which organizational and industrial coaching and mentoring is based. The new edition of this text is updatd with new research, taking into account the growth of positive psychology and its role in coaching and mentoring. This book is ideal for coaches, mentors, trainers, psychologists, senior executives,

managers, and students with an interest in this field.