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Altri autori (Persone)	CoplanRobert J BowkerJulie C
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Nota di contenuto	The Handbook Of Solitude: Psychological Perspectives on Social Isolation, Social Withdrawal, and Being Alone; Copyright; Contents; List of Contributors; Foreword: On Solitude, Withdrawal, and Social Isolation; Part I Theoretical Perspectives; 1 All Alone: Multiple Perspectives on the Study of Solitude; Emergent Themes; Overview of This Handbook; Final Comments: Solitude...Together?; References; 2 Studying Withdrawal and Isolation in the Peer Group: Historical Advances in Concepts and Measures; Social Withdrawal and Isolation Have Always Been with Us Withdrawal and Isolation Go Underground and Then Come Back from a Different Direction The Entry into the Current Era: The Late 1980's and 1990's; Summary/What's Past Is Prologue; References; 3 An Attachment Perspective on Loneliness; Basic Concepts of Attachment Theory and Research; Attachment-Related Differences in Interpersonal Interactions and Close Relationships; Attachment Insecurities and Feelings of Loneliness; Cognitive Mechanisms Mediating the Attachment-

Loneliness Link; Concluding Remarks; References

4 Shyness and the Electrical Activity of the Brain: On The Interplay Between Theory and Method Shyness: Definition and Conceptual Framework; On the Interplay between Theory and Method: Frontal EEG Asymmetry and Social Behavior; Summary and Limitations; Conclusions and Caveats; Acknowledgements; References; 5 The Origins of Solitude: Psychoanalytic Perspectives; Fear of Solitude and Separation Anxiety; The Solitary Self; The Capacity to Be Alone; Companions in Solitude; Conclusions and Future Directions: The Primacy of the Paradox; References

6 Experiences of Solitude: Issues Of Assessment, Theory, and Culture Stories We Tell Ourselves about Being Alone; Assessment: Types of Solitude Experiences; Expanding the List of Solitude Experiences; Dimensions of Solitude; Differences between Chinese and American Participants; Toward a Cognitive Theory of Solitude; Designer Environments; The Cognitive Structure of Solitude; The Chinese Tradition of Eremitism; Vicarious Solitude; Solitude as a Cultural Resource; Concluding Observations; Notes; References; Part II Solitude Across the Lifespan

7 The Causes and Consequences of "Playing Alone" in Childhood Nonsocial Play: Concepts and Theories; Reticent Behavior: "I want to play with you...but I am shy..."; Solitary-Active Behaviors: "You don't want to play with me?"; Solitary-Passive Behaviors: "I'm ok playing by myself... for now..."; Playing Alone: Mitigating Factors and Future Directions; Conclusion; References; 8 Peer Rejection in Childhood: Social Groups, Rejection Sensitivity, and Solitude; Foundation and Effects of Group Membership; Peer Group Rejection and Its Effects; Accounting for Occasional Peer Rejection and Its Effects Peer Group Rejection and Interpersonal Aggression

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## Sommario/riassunto

This reference work offers a comprehensive compilation of current psychological research related to the construct of solitude. Explores numerous psychological perspectives on solitude, including those from developmental, neuropsychological, social, personality, and clinical psychology. Examines different developmental periods across the lifespan, and across a broad range of contexts, including natural environments, college campuses, relationships, meditation, and cyberspace. Includes contributions from the leading international experts in the field. Co

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