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Autore	Young Susan <1957->
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Nota di contenuto	Title page; Copyright page; LIST OF FIGURES, TABLES AND BOXE; ABOUT THE AUTHORS; FOREWORD BY MARGARET WEISS; FOREWORD BY SAM GOLDSTEIN; PREFACE; ACKNOWLEDGEMENTS; PART I: BACKGROUND AND TREATMENT; 1 INTRODUCTION; THE COMPANION WEBSITE; ADHD IN ADOLESCENCE AND ADULTHOOD; THE TRANSITION FROM ADOLESCENCE TO ADULTHOOD; A COGNITIVE-BEHAVIOURAL MODEL OF ADHD; EVIDENCE FOR PSYCHOLOGICAL INTERVENTIONS; INTRODUCTION TO THE YOUNG-BRAMHAM PROGRAMME; SUMMARY; 2 DELIVERING THE YOUNG-BRAMHAM PROGRAMME; AIMS AND OBJECTIVES OF THE YOUNG-BRAMHAM PROGRAMME; THERAPEUTIC ALLIANCE AND ENGAGEMENT IN TREATMENT THE IMPACT OF THE DIAGNOSISPSYCHOEDUCATION; MOTIVATIONAL INTERVIEWING; COGNITIVE BEHAVIOURAL THERAPY (CBT); DELIVERY OF THE YOUNG-BRAMHAM PROGRAMME; SUMMARY; PART II: CORE SYMPTOM MODULES; 3 ATTENTION MODULE; FUNCTIONAL DEFICITS IN ADOLESCENTS AND ADULTS; ASSESSMENT OF ATTENTION PROBLEMS; COGNITIVE BEHAVIOURAL THERAPY; SUMMARY; 4 MEMORY MODULE; MEMORY SYSTEMS AFFECTED BY ADHD; FUNCTIONAL DEFICITS IN

ADOLESCENTS AND ADULTS; ASSESSMENT OF MEMORY PROBLEMS; SUMMARY; 5 ORGANIZATION AND TIME-MANAGEMENT MODULE; FUNCTIONAL DEFICITS IN ADOLESCENTS AND ADULTS; ASSESSMENT OF TIME-MANAGEMENT PROBLEMS
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MODIFICATION AND REGULATION OF SOCIAL BEHAVIOUR IN DIFFERENT SOCIAL SETTINGS; SUMMARY; 9 ANXIETY MODULE; FUNCTIONAL DEFICITS IN ADOLESCENTS AND ADULTS; ASSESSMENT OF ANXIETY; COGNITIVE BEHAVIOURAL THERAPY; SUMMARY; 10 FRUSTRATION AND ANGER MODULE; FUNCTIONAL DEFICITS IN ADOLESCENTS AND ADULTS; DYSFUNCTIONAL MANAGEMENT OF ANGER; ASSESSMENT OF ANXIETY; COGNITIVE BEHAVIOURAL THERAPY; ASSERTIVENESS TRAINING; SUMMARY; 11 LOW-MOOD AND DEPRESSION MODULE; FUNCTIONAL DEFICITS IN ADOLESCENTS AND ADULTS; ASSESSMENT OF LOW MOOD AND DEPRESSION; SUMMARY; 12 SLEEP MODULE
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Autore	Marshall, Theo John
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