1. Record Nr. UNINA9910137202003321 Autore Adrian Meule Titolo Food cravings / / topic editors: Adrian Meule and Boris C. Rodríguez Martín Pubbl/distr/stampa Frontiers Media SA, 2015 Switzerland:,: Frontiers Media SA,, 2015 **ISBN** 9782889195176 (ebook) Descrizione fisica 1 online resource (101 pages): illustrations Collana Frontiers Research Topics Soggetti Psychiatric Disorders, Individual **Psychiatry** Health & Biological Sciences Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Bibliographic Level Mode of Issuance: Monograph Note generali Nota di bibliografia Includes bibliographical references. Sommario/riassunto Food cravings refer to an intense desire to consume specific foods and are predictive of over- or binge eating. Many studies have been performed in an attempt to assess, understand and control food cravings. The aim of this research topic is to present up-to-date information about food cravings from different perspectives. The expected themes are (but are not limited to): Assessment of food cravings. The role of food cravings in eating disorders, dieting, and obesity. Psychological mechanisms that underlie food cravings. Influence of food cravings on food choice. Relationship between food cravings

Interventions aimed at reducing food cravings.

and food addiction, wanting and liking. Self-control of food cravings.