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Autore Green Jarrod

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SOCIAL SCIENCE / Children's Studies EDUCATION / Physical Education

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Sommario/riassunto "Children must learn to pick themselves up, brush themselves off, and

bounce back. How do you allow for the physicality required to build resilience why you are tasked with children's safety? This guide provides the tools and strategies for creating a culture of resilience, including families in the process, and keeping safety front-of-mind. Examine common safety concerns and how to address and prepare for themLearn how to work with families and build a trusting relationship around children's physical development Consider legal concerns regarding licensing and liabilityDiscover practical approaches to working with children to find their appropriate level of physical risk-taking and how to respond to a child's risky behavior Jarrod Green is an early childhood educator with over a decade of experience in early childhood education. His teaching practice centers around an emergent, project-based approach to curriculum, with an emphasis on learning through play, developing relationships with communities, and building self-regulation and resilience. Green also presents at many

professional conferences, including NAEYC's Professional Development Institute"--

"I'm OK!, intended for all teachers of young children, is a guide to both conceptual and practical approaches to building resilience. In particular, it examines children's physical development as it relates to resilience, including topics such as active play, physical risk-taking, safety and injury, and so on. By providing an in-depth exploration of both the theoretical and practical sides of building resilience, this book will help educators use effective strategies throughout their practice to better support the children and families they serve"--