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| 1. Record Nr.           | UNICAMPANIAVAN0113522  |
| Autore                  | Iori, Tullia   |
| Titolo                  | SIXXI : storia dell'ingegneria strutturale in Italia 3 / a cura di Tullia Iori, Sergio Poretti |
| Pubbl/distr/stampa      | Roma, : Gangemi, 2015  |
| ISBN                    | 978-88-492-3166-3  |
| Descrizione fisica      | 159 p. : ill. ; 28 cm  |
| Altri autori (Persone)  | Poretti, Sergio  |
| Lingua di pubblicazione | Italiano<br>Inglese  |
| Formato                 | Materiale a stampa   |
| Livello bibliografico   | Monografia   |
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| 2. Record Nr.           | UNINA9910136844803321  |
| Autore                  | Crabill Kim  |
| Titolo                  | Burdens to Blessings : Discover the Power of Your Story  |
| Pubbl/distr/stampa      | Savage : , : BroadStreet Publishing, , 2016<br>©2016   |
| ISBN                    | 9781424552979<br>1424552974  |
| Edizione                | [1st ed.]  |
| Descrizione fisica      | 1 online resource (176 p.)   |
| Soggetti                | Spiritual healing<br>Christian life  |
| Lingua di pubblicazione | Inglese  |
| Formato                 | Materiale a stampa   |
| Livello bibliografico   | Monografia   |
| Nota di contenuto       | Cover -- Title Page -- Copyright -- Dedication -- Table of Contents<br>-- Prologue Brown-Bag Burdens -- Chapter One: A Princess Story Goes |

Wrong -- Chapter Two: Dare to Believe -- Chapter Three: Seize God's Timing -- Chapter Four: Fight for Your Future -- Chapter Five: Step Out and Discover -- Chapter Six: Embrace Today's Opportunities -- Chapter Seven: Never Give Up! -- Acknowledgments -- Additional Resources -- About the Author

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## Sommario/riassunto

From the time Kim Crabill experienced a life-altering trauma at age four, she became an expert in hiding her hurt and confusion behind a mask. The trick, she discovered, was to sing a little louder in choir, study a little harder at school, and smile a little wider with friends. Then no one would notice how damaged her heart was. Kim became a classic overachiever academically and socially. As an adult, she could even speak before crowds with her mask fully intact. But she could not hide from the pain of her past, and pain that expressed itself through anorexia and diet pill addiction, loneliness, depression, and anxiety attacks. In her transparent story, *Burdens to Blessings*, Kim invites you along her journey from shame and sadness toward healing and hope. In the process you will encounter the upside-down truth that God uses you because of your hurt and uncertainty. The very things you regret the most--the things you hope no one ever discovers about you--are what God wants to use to enrich your life and the lives of others around you. Discover the confidence and courage to quit hiding and show your true self to God and others. Then watch out, because you will be showered with opportunities beyond your wildest dreams to help other hurting people change their burdens to blessings.

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