Record Nr. UNINA9910136774503321 Autore Edited by Norman J. Temple and Nelia Steyn Community nutrition for developing countries / / edited by Norman J. Titolo Temple and Nelia Steyn Athabasca University Press, 2016 Pubbl/distr/stampa Edmonton, Alberta: .: AU Press [Pretoria, South Africa?]:,: UNISA, University of South Africa Press,, [2016] ©2016 **ISBN** 1-927356-13-X 1-927356-12-1 Descrizione fisica 1 online resource (xv, 491 pages): digital, PDF file(s) Disciplina 363.8091724 Soggetti Nutrition - Developing countries Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Nota di bibliografia Includes bibliographical references. Nota di contenuto Part I. The food and nutrition situation in developing countries -- Part II. Lifecycle nutrition -- Part III. The role of nutrition in the prevention and treatment of disease -- Part IV. From food guides to nutrition education --Part V. Key components of community-based nutrition programmes --Part VI. Population nutrition and the role of government --Part VII. Assessing nutrition status -- Part VIII. Food services and food safety --Part IX. A broader perspective. Sommario/riassunto "Nutrition textbooks used by universities and colleges in developing countries have very often been written by scholars who live and work in North America or the United Kingdom. And while the research and information they present is sound, the nutrition-related health challenges with which developing countries must grapple differs considerably from those found in highly industrialized Western nations. The primary aim of Community Nutrition for Developing Countries is to address this issue. Written by both scholars and practitioners, the volume draws on their wealth of knowledge, experience, and understanding of nutrition in developing countries to provide nutrition

professionals with the proper tools for the assessment and evaluation

of nutritional status. Each chapter addresses a specific nutrition challenge currently faced by developing countries such as food security, food safety, disease prevention, maternal health, and effective nutrition policy. In addition, the volume serves as an invaluable resource for those developing and implementing nutrition education programmes. With an emphasis on nutritional education as a means to prevent disease and effectively manage health disorders, it is the hope of the nearly three dozen contributors to this work that it will enhance the health and wellbeing of low income populations throughout the world."--