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Titolo	Sitting on a chicken : the best (ever) 52 yoga games to teach in schools // Michael Chissick ; illustrated by Sarah Peacock
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ISBN	0-85701-280-0
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Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Who this book is for? -- Who this book is not for? -- The heart of this book -- Structure of the lesson -- Using a visual timetable -- Aims, objectives and outcomes -- The games -- Beginning games -- Children's yoga sequences -- Sequence games -- Development games -- Calming games -- Relaxation -- Nursery games games by lesson stage -- Games by age -- Games by qualities -- Games by skills.