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Titolo	Positive psychology and change : how leadership, collaboration and appreciative inquiry create transformational results // Sarah Lewis
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	About the author -- Foreword -- Preface -- Acknowledgements -- The legacy of twentieth century idea about organisational change -- The challenge of leadership -- Helping people engage positively with imposed change -- How the methodologies described later approach organisations and change -- Using positive psychology to achieve change at the team and individual level -- Appreciative inquiry -- World cafe -- Simu-real -- Pulling it all together -- References -- Index.
Sommario/riassunto	Positive Psychology and Change explores how areas of positive psychology such as strengths, flow, and psychological capital can be applied to the everyday challenges of leading a dynamic and adaptive work community, and how collaborative group approaches to transformational change can be combined with a positive mindset to maintain optimism and motivation in an unpredictable working environment. Articulates a unique vision for organizational leadership in the 21st century that combines positive psychology, Appreciative Inquiry (AI), and collaborative group technologies Focuses on four specific co-creative approaches (Appreciative Inquiry, Open Space, World Café and SimuReal) and the ways in which they surpass traditional methods for organizational change Explains the latest theory, research, and practice, and translates it into concrete,

actionable ideas for meeting the day-to-day challenges of effective and adaptive leadership and management Includes learning features such as boxed text, short case studies, stories, and cartoons
