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Nota di contenuto	Introduction; All We Know About Lao-Tzu; Tao Teh King; 1: WHAT IS THE TAO WHAT IS THE TAO; 2: SELF-DEVELOPMENT; 3: QUIETING PEOPLE; 4: TAO, WITHOUT ORIGIN; 5: IMPARTIALITY; 6: THE INFINITUDE OF CREATIVE EFFORT; 7: HUMILITY; 8: THE NATURE OF GOODNESS; 9: MODERATION; 10: WHAT IS POSSIBLE; 11: THE VALUE OF NON-EXISTENCE; 12: AVOIDING DESIRE; 13: LOATHING SHAME; 14: IN PRAISE OF THE PROFOUND; 15: THAT WHICH REVEALS TEH; 16: RETURNING TO THE SOURCE; 17: SIMPLICITY OF HABIT; 18: THE PALLIATION OF THE INFERIOR; 19: RETURN TO SIMPLICITY; 20: THE OPPOSITE OF THE COMMONPLACE; 21: THE HEART OF EMPTINESS 22: INCREASE BY HUMILITY23: EMPTINESS AND NOT-DOING (WU WEI); 24: TROUBLES AND MERIT; 25: DESCRIBING THE MYSTERIOUS; 26: THE VIRTUE (TEH) OF DIGNITY; 27: THE FUNCTION OF SKILL; 28: RETURNING TO SIMPLICITY; 29: NOT FORCING THINGS (WU WEI); 30: BE STINGY OF WAR; 31: AVOIDING WAR; 32: THE VIRTUE (TEH) OF HOLINESS; 33: THE VIRTUE (TEH) OF DISCRIMINATION; 34: THE PERFECTION OF TRUST; 35: THE VIRTUE (TEH) OF BENEVOLENCE; 36: EXPLANATION OF A PARADOX; 37: ADMINISTERING THE GOVERNMENT; 38: A DISCUSSION ABOUT TEH; 39: THE ROOT OF AUTHORITY; 40: AVOIDING ACTIVITY; 41: THE UNREALITY OF APPEARANCE 42: THE TRANSFORMATION OF TAO43: THE FUNCTION OF THE UNIVERSAL; 44: PRECEPTS; 45: THE VIRTUE (TEH) OF GREATNESS; 46: LIMITATION OF DESIRE; 47: SEEING THE DISTANT; 48: TO FORGET

KNOWLEDGE; 49: THE VIRTUE (TEH) OF TRUST; 50: ESTEEM LIFE; 51: TEH AS A NURSE; 52: RETURN TO ORIGIN; 53: GAIN BY INSIGHT; 54: TO CULTIVATE INTUITION; 55: TO VERIFY THE MYSTERIOUS; 56: THE TEH OF THE MYSTERIOUS; 57: THE HABIT OF SIMPLICITY; 58: ADAPTATION TO CHANGE; 59: TO KEEP TAO; 60: TO MAINTAIN POSITION; 61: THE TEH OF HUMILITY; 62: THE PRACTICE OF TAO; 63: A CONSIDERATION OF BEGINNINGS
64: CONSIDER THE INSIGNIFICANT; 65: THE TEH OF SIMPLICITY; 66: TO SUBORDINATE SELF; 67: THREE TREASURES; 68: COMPLIANCE WITH HEAVEN; 69: THE FUNCTION OF THE MYSTERIOUS; 70: THE DIFFICULTY OF UNDERSTANDING; 71: THE DISEASE OF KNOWLEDGE; 72: TO CHERISH ONE'S SELF; 73: ACTION IS DANGEROUS; 74: OVERCOMING DELUSIONS; 75: LOSS BY GREEDINESS; 76: BEWARE OF STRENGTH; 77: TAO OF HEAVEN; 78: TRUST AND FAITH; 79: ENFORCING CONTRACTS; 80: CONTENTMENT; 81: THE NATURE OF THE ESSENTIAL;
VALEDICTORY: PART OF THE 20TH SONNET; Wu Wei; PREFACE;
CHAPTER I: TAO; CHAPTER II: ART; CHAPTER III: LOVE; NOTES

Sommario/riassunto

The Tao Te Ching is a spiritual, inspirational work that guides us through life, helping us to live within each moment and find the beauty that is all around each of us. Simple, beautiful, and life changing. The Tao Te Ching is fundamental to the Taoist school of Chinese philosophy (Daojia) and strongly influenced other schools, such as Legalism and Neo-Confucianism. This ancient book is also central in Chinese Buddhism, which when first introduced into China was largely interpreted through the use of Taoist words and concepts. Many Chinese artists, including poets, painters, calligraphers, an
