

1. Record Nr.	UNINA9910409560303321
Autore	Fiorani, Emanuele <1954->
Titolo	Non siamo solo hardware / Emanuele Fiorani
Pubbl/distr/stampa	Canterano, : Aracne, 2019
ISBN	978-88-255-2895-4
Descrizione fisica	167 p. : ill. ; 21 cm
Collana	A11
Disciplina	153.4
Locazione	FSPBC
Collocazione	II M 91
Lingua di pubblicazione	Italiano
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Contiene bibl. (pag.167)

2. Record Nr.	UNIORUON00271856
Autore	KOUMANTAREAS, Menes
Titolo	Serapheim kai cheroubeim / Menis Koumantares
Pubbl/distr/stampa	Athina, : Kedros, 1982
Edizione	[3. ekd]
Descrizione fisica	243 p. ; 21 cm.
Disciplina	889
Soggetti	RITSOS GIANNES
Lingua di pubblicazione	Greco Moderno
Formato	Materiale a stampa
Livello bibliografico	Monografia
3. Record Nr.	UNINA9910136136803321
Autore	Swales Michaela A. <1965-, >
Titolo	Dialectical behaviour therapy : distinctive features // Michaela A. Swales and Heidi L. Heard
Pubbl/distr/stampa	London ; ; New York : , : Routledge, , 2017
ISBN	1-134-83421-7 1-315-54454-7 1-134-83414-4
Edizione	[Second edition.]
Descrizione fisica	1 online resource (179 pages)
Collana	CBT Distinctive Features
Altri autori (Persone)	HeardHeidi L
Disciplina	616.85/852
Soggetti	Borderline personality disorder - Treatment Dialectical behavior therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. 1. The distinctive theoretical features of DBT -- pt. 2. The distinctive practical features of DBT.

Dialectical Behaviour Therapy (DBT) is a psychotherapeutic approach used to treat individuals with complex psychological disorders, particularly chronically suicidal individuals with borderline personality disorder (BPD). The therapy articulates a series of principles that effectively guide clinicians in responding to problematic behaviours. Treated problems include, among others, attempting suicide, bingeing, purging, using illegal drugs and behaviours that directly impede the treatment. Dialectical Behaviour Therapy: Distinctive Features highlights theoretical and practical features of the treatment using extensive clinical examples to demonstrate how the theory translates into practice. This updated edition reviews recent modifications to the structure of the treatment and considers more recent research evidence for both the biosocial theory underpinning the treatment and treatment efficacy. The book provides a clear overview of a complex treatment, through a unique application of strategies and a discussion of a comprehensive treatment programme that structures the therapeutic journey for the client. The book will be of interest to clinicians wanting to develop their knowledge about the treatment, prior to formal training; post-graduate students in mental health seeking to learn how to conceptualize complex problems; DBT trained clinicians who require a useful precis of the treatment with clinical examples, and clients about to embark upon this treatment. This book provides a clear and structured overview of a complex treatment. It is written for both practising clinicians and students wishing to learn more about DBT and how it differs from the other cognitive behaviour therapies.

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