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Altri autori (Persone)	EatonMarie HughesHolly MacGregorJean
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Nota di contenuto	Why Sustainability Education Needs Pedagogies of Reflection and Contemplation / Marie Eaton, Kate Davies, Sarah Williams and Jean MacGregor -- The Power of Pause in the Process of Human Development / Sharon Daloz Parks -- The Practice of Inner Habitat Restoration : A Contemplative Approach to Sustainability Studies / Kurt Hoelting -- Navigating Anger, Fear, Grief, and Despair / Marie Eaton -- Using Reflective and Contemplative Practices with Integrity / Patricia O'Connell Killen -- No Time to Think : Contemplation and Reflection in a Highly Technologized Learning Environment / David M. Levy -- The Practice of Place : Deepening Connections with Our Natural and Human Communities / Holly J. Hughes -- Listening Deeply to and Engaging Multiple Perspectives / Maureen E. Ryan -- Attending to Loyalties, Affections, Convictions, and Doubts / Jane Compson -- Make a Creative Response / Michael Gillespie and Karen T. Litfin -- Bodies of Earthly Delight : Engaging in Somatic Inquiry as Contemplation / Sarah Williams -- Sustainability from the Inside Out : Discernment as Practice

/ Karen K. Gaul -- Fostering Hope and Moral Agency for Eco-Justice /
Cynthia Moe-Lobeda and Frederica Helmire -- Nurturing Students'
Resilience and Agency / Kate Davies.

Sommario/riassunto

Contributors in this book present both a rationale as well as a theoretical framework for incorporating reflective and contemplative pedagogies to help students pause, deepen their awareness, think more carefully, and work with complexity in sustainability-focused courses.
