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Nota di contenuto	Cover -- Half Title -- Title Page -- Copyright Page -- Table of Contents -- ABOUT THE EDITOR AND AUTHORS -- ACKNOWLEDGEMENTS -- SERIES EDITORS' PREFACE -- FOREWORD -- INTRODUCTION -- Depression in adolescence -- Treatment of adolescent depression -- STPP and the IMPACT trial -- The manual: STPP in practice -- CHAPTER ONE Psychoanalytic views of adolescent depression -- Psychoanalytic theories of depression -- Developmental considerations -- Towards a psychoanalytic formulation of depression for adolescents -- CHAPTER TWO Psychoanalytic child psychotherapy: principles and evidence -- Psychoanalytic psychotherapy with children and young people -- The evidence for psychoanalytic psychotherapy with children and young people -- CHAPTER THREE Short-Term Psychoanalytic Psychotherapy for adolescent depression: framework and process -- Principles, aims, and techniques of STPP -- Case management, collaborative working, and psychiatric issues -- Referral for STPP -- CHAPTER FOUR The stages of treatment in Short-Term Psychoanalytic Psychotherapy -- The early stages of STPP -- The middle stages of STPP -- The ending stages of STPP -- Post-treatment

contact -- CHAPTER FIVE Work with parents and carers -- Principles of psychoanalytic work with parents and carers -- Parent work in STPP -- Setting-up, reviews, communication, and routine outcome monitoring -- The process of parent work in STPP -- Common themes, difficulties, and variations -- Working with adopted and looked-after children and their carers -- CHAPTER SIX Supervision of Short-Term Psychoanalytic Psychotherapy -- Principles and aims of psychoanalytic supervision -- STPP supervision: the framework and process -- Dealing with risk -- Problems of management in STPP supervision -- Supporting therapists' management of countertransference -- Parallel process in supervision -- Supervision of parent work.
CHAPTER SEVEN Short-Term Psychoanalytic Psychotherapy in clinical practice -- Managing psychiatric difficulties and risk -- Some common problems -- AFTERWORD -- ABOUT THE ASSOCIATION OF CHILD PSYCHOTHERAPISTS -- REFERENCES -- INDEX.

Sommario/riassunto

Short-term Psychoanalytic Psychotherapy (STPP) is a manualised, time-limited model of psychoanalytic psychotherapy comprising twenty-eight weekly sessions for the adolescent patient and seven sessions for parents or carers, designed so that it can be delivered within a public mental health system, such as Child and Adolescent Mental Health Services in the UK. It has its origins in psychoanalytic theoretical principles, clinical experience, and empirical research suggesting that psychoanalytic treatment of this duration can be effective for a range of disorders, including depression, in children and young people. The manual explicitly focuses on the treatment of moderate to severe depression, both by detailing the psychoanalytic understanding of depression in young people and through careful consideration of clinical work with this group. It is the first treatment manual to describe psychoanalytic psychotherapy for adolescents with depression.
