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| Autore | Alves Railda Fernandes (org.) |
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| Sommario/riassunto | This publication is eminently didactic and useful to various health professionals. The work is organized in two parts. The first, dedicated to the theory of Health Psychology, aims to give the reader an overview of the aspects that support the understanding of the second part of the book, focused on research work developed by researchers from Health Psychology, gathered here. |