1. Record Nr. UNINA9910135125503321 Autore Uschan Michael V. <1948-> Titolo Golf / / by Michael V. Uschan Detroit:,: Lucent Books, a part of Gale, Cengage Learning,, 2014 Pubbl/distr/stampa **ISBN** 1-4205-1181-5 Descrizione fisica 1 online resource (104 pages): illustrations (chiefly color) Collana Science behind sports Classificazione JNF054230 Disciplina 796.352 Soggetti Golf Sports sciences Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Bibliographic Level Mode of Issuance: Monograph Note generali Nota di bibliografia Includes bibliographical references and index. Nota di contenuto chapter 1. The history of golf -- chapter 2. Golf and physics -- chapter 3. Golf biomechanics -- chapter 4. Training and conditioning -chapter 5. Golf psychology -- chapter 6. Golf technology. "Lucent Books' "Science Behind Sports" Series explores the scientific Sommario/riassunto principles behind some of the most popular team and individual sports, such as baseball, hockey, gymnastics, wrestling, swimming, and skiing. Each volume in the series focuses on one sport and opens with a brief look at the featured sport's origins, history and changes to rules, equipment, or techniques. Subsequent chapters cover the biomechanics and physiology of playing, related health and medical concerns, and the causes and treatment of sports-related injuries"--